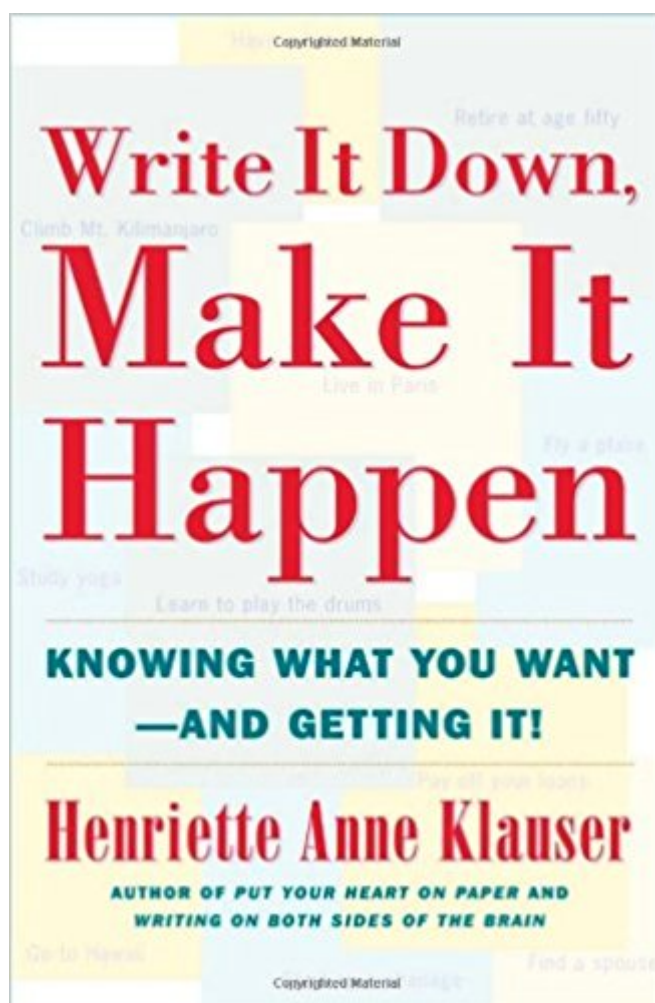


The book was found

Write It Down, Make It Happen: Knowing What You Want And Getting It



Synopsis

A simple and effective guide to turning your dreams into reality by taking matters into your own hands, filled with down-to-earth tips and easy exercises. In *Write It Down, Make It Happen*, Henriette Anne Klauser, PhD, explains how simply writing down your goals in life is the first step toward achieving them. Writing can even help you understand what you want. In this book, you will read stories about ordinary people who witnessed miracles large and small unfold in their lives after they performed the basic act of putting their dreams on paper. Klauser's down-to-earth tips and easy exercises are sure to get your creative juices flowing. Before you know it, you'll be writing your own ticket to success. With you can find the perfect mate, buy your dream house, get a great new job, wake up happier, travel the world, or even have a better relationship with your teenager.

Book Information

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in Books > Health, Fitness & Dieting > Mental Health > Happiness

Customer Reviews

I read through some of the reviews here and some of them are just downright vicious. This isn't the greatest book that I have ever read but it definitely isn't the worst. Everything we encounter on our path can benefit us if we are open to receive those benefits. One reader commented on the Jim Carrey Story where he wrote himself a check for a million dollars. The reviewer wrote that she/he/(?) was a realist and didn't believe in things that only have a one in a million chance from happening...Mmmm...We have become a society where we have been brainwashed by what is possible and what is not. We accept and embrace our limitations as though they are our best friends. We let these limitations rule our perceptions and then we think and feel and act as though life is not on our side. The universe is always and in all ways for us but the universe will always

mirror EXACTLY what we believe to be true for us. I decided to start writing between 30-45 minutes a day in the morning when my mind was most open and receptive. I made myself a homemade journal with some quotes and pictures I found particularly inspiring and almost immediately I began experiencing results. It wasn't the writing itself that created the results in my life, it was the belief that I had going into the writing exercises that made it possible. Writing, to me, just clarifies things more. I can right/write every situation through the written word. I believe it is possible. I believe in miracles. I believe that there are always opportunities and situations and experiences ready to reveal themselves in our lives BUT we have to be aware that they exist in order to notice them and writing is a good way to redirect our focus and uncover the possibilities that are always just silently waiting to be noticed.

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